

Hartford Infant School
PSCHE
Long Term Plan



At Hartford Infant School we use the units of work from the **Cambridgeshire Primary Personal Development Programme**

Key:
PSCHE: Personal, Social, Citizenship, Health and Economic Education
MMR: Myself and My Relationships
CIT: Citizenship
HSL: Healthy and Safer Lifestyles
EW: Economic Wellbeing
RSE: Relationships and Sex Education

The numbers after each acronym relate to the unit of work and are hierarchical

	Reception	Year 1	Year 2
Autumn Transition and community	1. MMR1: Beginning and belonging 2. MMR2: Family and friends 3. CIT1: Identities and diversity	1. MMR4: Beginning and belonging 2. CIT3: Working together 3. HSL4: Managing risk	1. CIT5: Rules, rights and responsibilities 2.HSL7: Healthy lifestyles 3. MMR7: Antbullying Enrichment unit (delivered through enquiry): E-safety
November: Antbullying week, Road safety week, Parliament week, Children in Need Election of school counsellors British values			
Spring Safety	1. HSL2: Keeping safe 2. MMR3: My emotions	1. HSL5: Safety contexts 2. MMR6 : Family and friends Optional enrichment unit: MMR: Lost and Found	1. HSL9: Personal safety 2. EW1: Financial capability
February: Safer internet day March: Comic relief British values			
Summer Healthy lifestyles & Healthy week	1. CIT2: Me and my world 2. HSL1: My body and growing up 3. HSL3: Healthy lifestyles	1. CIT4: Diversity and communities 2. MMR5: My emotions 3. HSL6: Relationships and sex education (RSE)	1.MMR8: Managing change 2. HSL8: Drug education 3. HSL10: RSE
May: Mental health awareness week June: world well-being week July: HIS Healthy week, Transition, British values			