

## Hartford Infant School Physical Education [PE] Policy

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**Approved by:** LGB January 2020

**Review:** 2022

### Vision and Values

**We believe** in bringing out the best in everyone.

**We want** all our children to be curious, confident learners who can communicate effectively.

**We want** all children to be;

- Articulate, using a rich vocabulary
- Independent, active learners who are self-motivated
- Happy, with a love of learning
- Resilient problem solvers
- Respectful members of the community, with high standards of behaviour

**We offer** high standards of teaching and learning in an enabling, inclusive environment where each child is nurtured and valued as an individual and encouraged to reach their potential.

**We value** six fundamental characteristics of learning that encourage the children to be the very best version of themselves.

These are our **Hartford Heroes** which focus on:

- aiming high
- involvement
- perseverance
- problem solving
- reflection
- teamwork.

### Curriculum Intent

At Hartford Infant School (HIS) we have a bold and engaging curriculum that develops the following **core skills**:

- Curiosity (question, observe, enquire, understand)
- Confidence (resilient, independent, reflective, self-motivated, problem solver, resourceful, self-regulate)
- Communication (read, write, represent, reason, speak, listen, present, collaborate)

We deliver a **skills-led curriculum**, which is underpinned by **knowledge**. We teach the foundations children need in order to make connections across year groups and subjects, which will allow them to be successful citizens. We believe that all children have a right to a broad, balanced and relevant education which provides continuity and progression and takes individual differences and barriers into account. We aim for all pupils to develop the skills and knowledge they need in order to succeed across the curriculum and reach their potential. We will provide an engaging and accessible curriculum, relevant to our community, promoting our school vision and values, in order to develop a lifelong love for learning.

### PE Intent

In PE we will expand our children's knowledge and understanding of both the physical and mental health benefits PE has on their daily lives. In our lessons we will develop the children's physical skills, motivation, perseverance and confidence to help our children to achieve their goal. Our children will have the foundations to build upon their passion and lifelong engagement of healthy, active lifestyles.

The policy should be read in conjunction with the **key aims from the programme of studies**.

These are to ensure all children:

- develop competence to excel in a broad range of physical activities,
- are physically active for sustained periods of time,
- engage in competitive sports and activities,
- lead healthy, active lives.

### **Teaching and Learning in PE**

All classes receive **1 lesson of PE** and **1 lesson of Forest School** each week.

At Hartford Infant School an **effective PE lesson** will have:

- the Learning Objective (WALT- We Are Learning To) shared and referred to throughout the lesson so that children can verbalise what they are learning,
- KTP (Key Teaching Points) as set out in the Cambridgeshire Scheme of Work,
- lessons provide children with the skills to complete the core task as set out in the Cambridgeshire Scheme of Work,
- high quality teaching which will encompass good subject knowledge, clear modelling and high expectations for all,
- high quality dialogue and questioning from all stakeholders (teachers, Teaching Assistants (TA) and children),
- children actively always involved in their learning,
- teachers who will foster the characteristics of learning (Hartford Heroes-Team Work Tiger, Perseverance Parrot , Involved Iguana, Aim High Hippo, Problem Solver Snake and Reflective Rex),
- children who can make good or better progress over a unit of work,
- children who are encouraged to work independently and collaboratively with a partner and/or group work,
- continual assessment throughout the lesson which builds upon prior knowledge,
- engaging resources appropriate to the lesson this will include technology where possible,
- differentiation planned throughout the lesson including the use of the Teaching Assistants/Teachers for targeted support,
- lessons that have a good pace and be pitched accordingly,
- positive relationships between the adults and children to allow teachers to manage behaviour effectively using the school behaviour policy,
- plenaries that are flexible, respond to the children's needs, revisit and consolidate learning objective, tackle misconceptions and provide the opportunity for all children to reflect on their learning.

### **PE Curriculum**

At Hartford Infant School we use the **Cambridgeshire Schemes of Work** which provide comprehensive plans which allow teachers to provide structured lessons. The schemes of work go across all year groups allowing for consistency of teaching and development of new skills.

#### **EYFS and Key Stage 1**

The children will **develop their physical competence** through the following:

##### **Active learning (daily)**

- active play
- fine and gross motor skills (EYFS and interventions)
- peer to peer massage (EYFS and Key Stage 1)
- fitness equipment (EYFS and Key Stage 1)

##### **PE lessons**

- 1x per week to cover **fundamentals, dance and gymnastics**

##### **Forest School**

- 1x per week to cover development of levels of confidence, independence, team work, resilience and perseverance to achieve challenges set and to become committed and reflective learners, to develop fine and gross motor skills, to encourage children to enjoy active outdoor activities and to understand the importance of outdoor activities linked to well-being

### **SEND Learners**

At HIS we will provide a secure and accessible environment, within which all our children can flourish. Teachers will have high expectations for all children and will meet individual needs as they arise. This bespoke provision may mean making changes to the environment, methods of communication or resources utilised. Staff will be deployed to support children in the most appropriate manner and outside agency advice will be followed. In our lessons we will help pupils develop the skills and knowledge needed to succeed across the curriculum and reach their full potential. Our teachers recognise that children all begin at different starting points, each child's progress is unique will be tracked rigorously and celebrated. Our children will become, to the best of their ability, inquisitive and independent learners, prepared to

challenge themselves and try new experiences on their journey. All staff will work with rigour and determination to prevent any form of learned dependence. All children will demonstrate tolerance towards each other and be inclusive of all groups within their learning, play and social time.

### **Equal Opportunities**

Equality of opportunity is a fundamental right for all children regardless of race, culture, gender or special educational needs. This policy is written for all and recognises that every child has equal opportunities. At Hartford Infant School we have high expectations of all pupils and of all groups of pupils. We carry out data analysis of pupil performance identifying areas of development for all pupils and groups of pupils, comparing their progress with national expectations and are committed to acting where underachievement is identified. We recognise and value all forms of achievement.

### **School uniform and participation in PE**

PE kits should be brought to school in a named PE bag and left in school during term time. On occasions where PE kit is taken home, parents are asked to ensure PE kits are back in school before their child's next PE lesson. Hartford Infant School PE kit consists of:

#### **Indoor PE kit**

- plain white t-shirt
- navy blue or black shorts
- bare feet for gymnastics and dance

#### **Outdoor PE kit**

- plain white t-shirt
- navy blue or black shorts
- sweatshirt or additional jumper
- tracksuit trousers
- spare pair of socks
- sensible trainers
- hats and gloves in cold weather

We ask that all items are named clearly. If needed, the school has a limited supply of spare PE kits for the children to borrow. If a child persistently does not have a PE kit in school, the class teacher will contact home.

Following the 'afPE safe practise in PE guidelines' children are not permitted to wear any jewellery including earrings for any PE lesson. If children are unable to take out earrings, parents should do this at the start of the day. Teachers are not permitted to remove earrings and taping of earrings is not allowed. Long hair must also be securely tied back, parents are asked to make a note of PE days to ensure children come into school with hair tied back and jewellery removed.

If a child is ill and deemed by a parent to be unable to participate in a PE lesson, parents should speak to the class teacher or leave a message at the office. Where appropriate non-doers will be expected to attend the lesson and will be included in a variety of different roles, for example coach, scorer or observer.

### **Teacher Assessment**

At Hartford Infant School teachers will monitor children's progress throughout every lesson and formally assess children during each activity block. The PE assessment spreadsheets should be used to indicate whether children are working at or working below for the criteria shown on each assessment sheet. The criteria for each unit assessment can be found at the top of each assessment spreadsheet and this links directly to the core task which is set out in the Cambridgeshire Scheme of Work. The assessment spread sheet should be completed by the end of each unit and saved on the school server <Z:\Staff Share\PE\Completed Assessments> This information should be used to inform new class teachers about where children are currently working in PE.

#### **Children in EYFS and KS1 will be assessed in 3 areas**

- Fundamentals
- Dance
- Gymnastics

### **Extra- Curricular provision**

At Hartford Infant School we offer a range of different extra-curricular activities which help to promote healthy and active lifestyles and work towards the governments '60 minutes active' guidelines. Some of these clubs are provided by teaching staff and others are delivered by qualified external coaches. To encourage children to become healthy and active we also promote our 'Healthy Selfie Board' and run various activities across the year such as, 'Healthy Week'.

## **CPD**

At the start of every year staff will complete a needs analysis which informs the PE lead about staff's experience of delivering different activity areas. Where required staff will be offered various CPD opportunities including external courses, team teaching, observations and support from specialist staff.

## **Equipment, Resources and Teaching Spaces**

### **Equipment**

Equipment should be stored in a designated area and should be stored safely on the correct trolley or shelf and returned neatly after use. All staff are responsible for the maintenance and storage of equipment and have a duty of care to report any damaged or dangerous equipment to the senior leadership team or PE lead. The equipment is checked on an annual basis by an external provider to ensure it is safe to use.

Staff should refer to the Cambridgeshire Schemes of Work for guidance on safe handling of apparatus. All children should be taught how to handle and carry apparatus appropriately. All teachers should identify any hazards in the teaching space at the start of every lessons and children should be taught how to recognise hazards and minimise risks to themselves and others.

### **Resources**

There is a central folder for PE resources on the school server <Z:\Staff Share\PE\Lesson Resources>

Staff are encouraged to share any resources that are used in lessons in this folder. The resources to go alongside the Cambridgeshire Scheme of Work can be found in the PPA room or on the server <Z:\Staff Share\PE>

ipads should be encouraged to be used in PE and Forest School lessons to allow for children's self-reflection, evidence of learning and the sharing of good practice. These should be saved in the relevant folder on the school server as above.

### **Teaching spaces**

Staff are responsible for ensuring that all teaching spaces are safe before delivering a PE lesson. This includes ensuring they are familiar with all school risk assessments, considering the current weather conditions and ensuring that the teaching surface is safe. All staff should walk around the teaching space at the start of every lesson checking for any obstructions, holes or damaged equipment.